# MAATA Student Senate Newsletter

### <u>QUIZ BOWL</u> <u>COMPETITORS</u>:

MARYLAND: Towson University

### VIRGINIA:

Bridgewater College

### W. VIRGINIA:

Wheeling University

### N. CAROLINA: East Carolina University

S. CAROLINA: University of South Carolina

### Virtual Symposium -Quiz Bowl

- The Student Senate will be holding a revised, virtual symposium. Our first event will be the annual Quiz Bowl (via Zoom) on <u>May 15 @ 7 PM</u>!
- Teams will be separated into "Breakout Rooms" with their teammates and a Senator/Moderator.
- Moderators will use the "Screen Share" feature to display questions, and will keep score for their assigned team.
- Periodic score checks will be conducted and shared on social media!
  - $\circ \ {\bf Instagram: @MAATA\_student\_senate} \\$
  - $\circ \ \ \mathbf{Facebook: @MAATAStudentSenate}$
- A winner will be declared after "Final Jeopardy"!



# MAATA Student Senate Newsletter







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## Virtual Symposium -Free Communications

- Thank you to the seven schools who had students submit free communication presentations!
- Keep a look out for these presentations which will be posted on the MAATA website during the month of May:
  - Frostburg State University: Andrea Taylor, Jasmine Soriano, Britta Lais, Adam Dwyer, & Rylee Learn
  - Liberty University: Grace Mills
  - Marshall University: Kylie Robbins, Patrick Burnett, Greg Herbert, Christine Rizzie, Lauren Montgomery, Chris Matthews, Hannah Bailey, Kim Hill, Gary Gilbert, Hayden Sturgell, & Katelynn Smith

**UNIVERSITY OF** 

**DUTH CAROL** 

- Towson University: Brittany Kirk
- $\circ~$  University of Lynchburg: Alexis Austin
- University of South Carolina: Brittni Hoover
- University of Kentucky: Lucy Bowers

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# MAATA Student Senate Newsletter

Can't attend the Career Workshop? <u>Click here</u> for more help on job searching skills!



Mid-Atlantic Athletic Trainers Association Young Professionals Committee



## Virtual Symposium -YP Career Workshop

- Young Professionals Career Workshop will be held virtually on May 17!
- Set up a time to talk to athletic training young professionals for:
  - Mock interviews
  - Resume and cover letter review
  - Sign up: <u>https://www.signupgenius.com/</u>

go/30e0e44acaf2da7fdo-ypccareer



# MAATA Student Senate Newsletter



OUTGOING SENATORS:

President - Grace Mills, Liberty (VA)

Secretary - Zach Kelly, Towson (MD)

Elissa Roblero -West Viriginia (WV)

Mana Gould -Western Carolina (NC)

> Anna Smith -Erskine (SC)

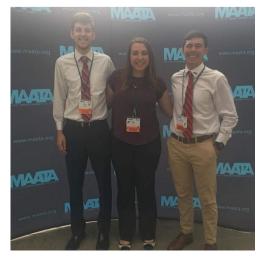
## **Thank you Seniors!**

- Congratulations on your upcoming graduation!
- Thank you for representing the students of District III with class for the past two years!









# MAATA Student Senate Newsletter

Questions? Contact your state's Junior Senator

Maryland Kaitlyn Whipp Kwhipp1@students. towson.edu

> West Virginia Kimberly Hill hill457@live. marshalledu

Virginia Kiara "Janese" Malone kmalone18@su.edu

North Carolina Anthony Pereira pereiraa17@students. ecu.edu

> South Carolina Rachel Gordon rmgordon@ email.sc.edu

## Interested in joining the Student Senate?

- What do we do?
  - Plan and carry out the student program at the annual district symposium
  - Attend monthly WebEX meetings
  - $\circ~$  Sit in on monthly state association meetings
- How to get involved
  - Follow our social media accounts for info on applications, which will come out in the fall
  - Students with two years remaining in their program (i.e. junior undergrads or first year Master's students) will be eligible to apply



# MAATA Student Senate Newsletter

Stay Connected - Follow Us!

Instagram: @maata\_student\_ senate

Facebook: Mid Atlantic Athletic Trainers' Association Students

Twitter: @MAATA\_Students

Website: https://www.maata. org/studentsenate

## **NATA News**

- Follow the new NATA twitter page exclusively for NATA News: @NATAevents
- Student Challenge has been extended to May 31st
  - <u>Click here</u> for more information
- Seniors! 10 FREE EBP credits are being offered
  - <u>Click here</u>
- Resource Center for AT's
  - <u>Click here</u>
- <u>gATher:</u> Educationalist community contains resources to help students.

## **MAATA News**

- Read the MAATA Spring Newsletter <u>here</u>!
- Virtual district meeting will consist of nine speakers. Make sure to tune in!

# MAATA Student Senate Newsletter



# Attending conferences is a great way to get involved!

## Learn, network, and advocate for the profession of athletic training.

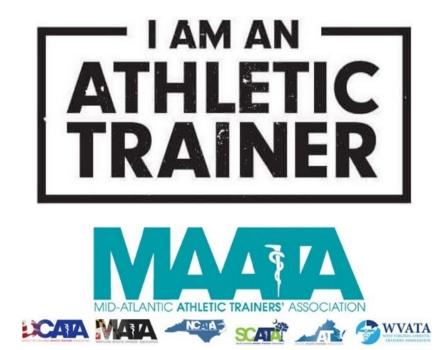
MAATA - May 15th-17th, 2020 - VIRTUAL

MD - May 30th, 2020 - VIRTUAL

NATA - Dates TBD - <u>VIRTUAL</u>

SC - July 9th-10th, 2020

at Columbia Metro Convention Center, Columbia, SC  $\,$ 





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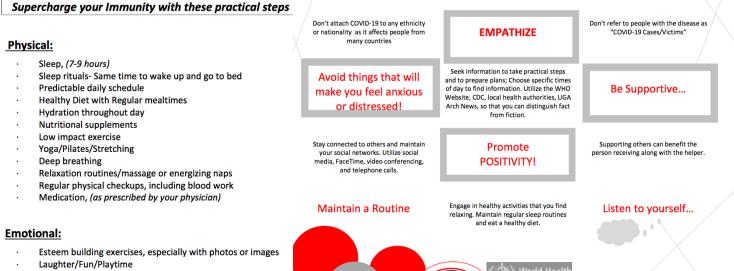
#### For more info. visit their website



## ATs Care -Dr. Donita Valentine

- What does ATs Care do?
  - Critical Incident Stress Management (CISM)
  - Peer-led grief support system
  - Crisis Intervention
- Resources to help make it though coronavirus
  - Check out books on leadership! These can motivate you and take your mind off things
    - The Multiplier Effect- Liz Wiseman
    - The Switch- Chip Heath & Dan Heath
  - Allow yourself to rest!!

### **Tools for Coping during COVID-19:**



- Face anger, anxiety and apathy directly
- Journal out negative emotions
- Let go of painful memories

# MAATA Student Senate Newsletter





- MATA Symposium will take place virtually on 5/30/2020.
  More information to come via e-blast
  - To sign up for MATA's e-blasts, email marylandathletictraining@gmail.com
- MATA 5K Sunday 6/7/2020 at CCBC Catonsville
- Congratulations to WVATA Quiz Bowl Champions -
  - Wheeling University!



• No news to report!









